



**DR MALVIKA UPADHYA**  
New Delhi | +91 9654112285 | mail: malvika.upadhya@gmail.com | [LinkedIn URL](#)

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### **Profile summary**

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An experienced academician with a substantial teaching and research experience holding a doctoral degree in sociology with specialization in labour and labour issues, poverty, gender issues, policy analysis and field research. A professional with a demonstrated history of working in a professional environment, skilled in data analysis, ethnographic research, research methodology and teaching under-graduate and post-graduate students. An academic expert with NET (National Eligibility Test- 2011) qualified certificate, strong interpersonal skills and social entrepreneurial mindset with an ability to influence large stakeholders.

### **Professional Teaching Experience**

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- ✓ **Post Doctoral Fellow at the Institution of Eminence, University of Delhi.** December 2021 (currently continuing).
- ✓ **Assistant Professor at the University of Jammu in the Department of Sociology (Ad-hoc)** from December 2019 to October 2021.
- ✓ **Guest Lectures at NITIE, Mumbai- Personality Development and Grooming of Professionals June 2021.**
- ✓ **Guest Faculty- Personality Development Expert at Ramanujan College, Delhi University** from November 2020 till March 2021.
- ✓ **Guest Faculty (Lecturer) at Excise and Sales Officers Training Department Nagrota, Govt. of J&K** for Personality Development programme 2019.
- ✓ Taught as a **Guest Faculty at Delhi School of Economics, Department of Sociology August 2018- November 2018.**
- ✓ Taught as an **Assistant Professor in Miranda House, University of Delhi.** (Ad-hoc from 16th August 2013- 14th December 2013).
- ✓ Taught as an **Assistant Professor in Jesus and Mary College, University of Delhi.** (Ad-hoc from February 24th 2014 to 22nd May 2014)
- ✓ **Teaching Assistant at JNU for the course Social Stratification in India for Masters Students** (From 8th October, 2015 to 28th November, 2015).
- ✓ **Taught as a Guest Lecturer at Miranda House College, Delhi University.** (August 2016 to November 2016).
- ✓ **Guest Faculty at VV Giri National Labour Institute for lecture in a Research Methodology workshop taught Research scholars and Assistant Professors** from different parts of India on 8th, June 2017.

### **AREAS OF INTEREST IN TEACHING AND RESEARCH:**

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Economic Sociology, Sociology of Labour, Urban Sociology, Sociology of Stratification, Sociology of Gender, Sociology of Kinship, Sociology of Environment, Research Methodology and Sociology of Culture, Sociology of Change and Development, Social Stratification and Mobility, Personality Development.

## RESEARCH PUBLICATIONS

- ❖ Women Loaders at Azadpur Market: A Study of their Work Culture and Challenges at the Mandi. Published in Indian Journal of Labour Economics, published by **Springer** in December 2016, ISSN 0971-7927. Volume 59 Issue-4 Pp, 563-579.
- ❖ Women as Loaders in Azadpur Market: Challenges of a female worker in a male dominated field. Shodh Drishti. Volume 8, 2017. Pp. 201-206. ISSN No.0976-6650.
- ❖ Pandis of Jammu: A Study of the Work Scenario of Loaders of Rajinder Bazar Jammu. Interdisciplinary Journal of Contemporary Research. Volume 4, 2017. Pp. 191-196. ISSN No. 2393-8398.
- ❖ Informal Workers in India: A Study of NarelaAnaj (Grain) Mandi (New and Old market), Delhi. Anukriti. 2017. Volume-3. Pp. 85-90. ISSN no. 2250-1193.
- ❖ Chapter 'Leisure Activities, Groups and Role of Networks Among Informal Loaders in Old Delhi' in book Social Problems and Issues in India (Communicated), Satyam Publications.

DEGREE	YEAR	SCHOOL/COLLEGE/ UNIVERSITY	PERFORMANCE(GRADES & PERCENTAGE)
PhD. in SOCIOLOGY	2013-2018	JAWAHARLAL NEHRU UNIVERSITY	Thesis Topic- "Working Lives of Informal Labour: A Study of Loaders of Old Delhi"
CERTIFICATE COURSE IN HUMAN RIGHTS	2014	IGNOU	FIRST DIVISION.
M.PHIL SOCIOLOGY	2011-2013	JAWAHARLAL NEHRU UNIVERSITY	FIRST DIVISION. Dissertation Title- "Re-exploring the concepts of Tradition and Modernity in India and Europe"
M.A SOCIOLOGY	2009-2011	JAWAHARLAL NEHRU UNIVERSITY	FIRST DIVISION.
B.A HONOURS. HISTORY	2006-2009	INDRAPRASTHA COLLEGE FOR WOMEN; DELHI UNIVERSITY	FIRST DIVISION.

## AWARDS AND ACHIEVEMENTS IN ACADEMICS:

### Awards-

- **Surjit Singh Fellowship from Indian Society of Labour Economics** for writing a Research paper called "Women Loaders at Azadpur Mandi: A Study of their work, work spaces and challenges at the Mandi". Paper published in Indian Journal of Labour Economics. (2015)
- **ICSSR Fellowship** for PhD in Sociology on the topic "Working Lives of Informal Labour: A Study of Loaders of Old Delhi". (2015-17)

### Academic Achievements

<b>0.1% POSITION IN CBSE BOARD EXAMS (2006)</b>	FOR ACQUIRING 0.1% POSITION IN CBSE EXAMS (PHE) J.K PUBLIC SCHOOL, JAMMU;CBSE AFFILIATED
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<b>KEDARNATH KUCKREJA MEMORIAL PRIZE (2008-09)</b>	FOR STANDING FIRST IN B.A (HONS.) HISTORY FOR THE YEAR I, II, [2006-2009] I.P COLLEGE ; DELHI UNIVERSITY
<b>SMT. BHAGWATI DEVI MEMORIAL PRIZE (2008-09)</b>	STANDING FIRST IN B.A (HONS.); IN PART III, IN HISTORY [2008-2009] I.P COLLEGE, DELHI UNIVERSITY.
<b>SMT. BHAGWATI DEVI MEMORIAL PRIZE (2007-08)</b>	STANDING FIRST IN B.A (HONS.) PART II IN HISTORY; [2007-2008] I.P COLLEGE, DELHI UNIVERSITY.
<b>SMT. BHAGWATI DEVI MEMORIAL SCHOLARSHIP DONATED BY SMT. MAYA KAPOOR (2007-08)</b>	PART I, II COMBINED [2007-2008] I.P COLLEGE DELHI UNIVERSITY.
<b>MANMOHAN LAL SHRIMALI PRIZE (2008)</b>	BEST ALL ROUND STUDENT OF THE DEPARTMENT OF HISTORY [2008] I.P COLLEGE; DELHI UNIVERSITY.
<b>UDAY MEMORIAL PRIZE (2007)</b>	BEST USE OF LIBRARY [2007] I.P COLLEGE; DELHI UNIVERSITY.

#### **PROJECTS, CONFERENCES & POSITIONS:**

- Attended the Workshop on **Research Methods and Methodology in Social Sciences** from 24<sup>th</sup> June, 2021 to 30<sup>th</sup> June, 2021 organised by the **Department of Sociology, University of Lucknow**.
- **Participant in the core team meeting on Accreditation of Employment Agencies: Evolving Gradation System and SOP** organized by **Bureau of Police Research and Development, Ministry of Home Affairs, Government of India**. The Think Tank for Indian Police Promoting Good Practices and Standards held on 15<sup>th</sup> November, 2018 at BPR&D Headquarters, NH8, Mahipalpur.
- **Resource Person for VV Giri National Labour Institute for an event in Jammu (J&K)** from 1<sup>st</sup> to 3<sup>rd</sup> November, 2018. Informed students and scholars at the event about various schemes, policies and plans for the labour class in India.
- **PhD Research Scholars' Seminar 2017:** Jawaharlal Nehru University, Presented a paper on Gender Dimension of Loading and Unloading: A Study of the Loaders of Old Delhi.
- **Presidential Position at Koyna Hostel Union JNU, 2015-16:** Jawaharlal Nehru University. President Koyna Hostel for the year 2015-16.
- **All India Labour Historians International Conference, 2016:** V.V. Giri National Labour Institute; NCR Delhi. Paper presented Mediation and Mediators: A Study of Thekedars (Mediators) of Loaders of Old delhi. (Publication in Communication).
- **Indian Society of Labour Economics, 2015:** National Conference organized by, Institute for Human Development and Indian Society of Labour Economics, presented a paper and received Surjit Singh Fellowship for the paper entitled "Women Loaders of Azadpur Mandi: A Study of Women Loaders work, work spaces and challenges at the Mandi".

- **International Conference, 2014:** Science Po University; **Rennes**, France. Understanding Tradition: An Insight into the Indian Tradition.
- **International Conference, 2014:** Science Po University; **Strasbourg**, France. Urban Women contemporary role conflicts: Case Study of Few Families of New Delhi.
- **Individually Organized a Free Education Project, 2012:** Free Street Classes for Street Children: Collecting, Teaching and Encouraging them to study. Gole Market; Jammu.
- **Individually Organized a Slum Health Programme, 2012:** Free Medical Camp; Created a team of Volunteers, Collected, Surveyed the Health Problems of Slum Dwellers, Conducted workshops and took them to Doctors. 150+ people in the camp.
- **Organized a project called 'Vivek and Dor', 2009** with an NGO called Mother India: Moving from Old age Homes to Government primary and Secondary Schools. Jammu.
- **Programming Internship BIG 92.7 FM Radio Station in 2009.**
- Intern at **Delhi Greens Organization 2008** worked on a project of spreading awareness among people for practicing sustainable ways of living.

#### **Technical Skills and Proficiencies**

- Microsoft Office(PowerPoint, Word, Outlook and Excel) and SPSS
- Field based Research
- Ethnographic, Library and Internet Research
- Writing skills: Poems, articles and issue based papers
- Strong communication and interpersonal skills.